

# THE MILLENNIAL PHYSICIAN

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All the apps, websites,  
and calendar syncs  
you need to hit the  
ground running on day  
one of intern year.



# Amion (Am I On?)



- Your go-to for all things SCHEDULE!
  - Call schedules, year block schedule, your clinic schedule
- How to find out who is on call for a consult service
- Send text pages through Amion
- How to log-on
  - For Medicine Residents schedules: **cincim**
    - Then use Epic login to verify access
  - For Subspecialty and some non-medicine services: **uc**

# Amion.com - SCHEDULES

The top portion of the image shows a web browser displaying the Amion website. The website has a green and white color scheme. At the top, there is a navigation bar with links for "Scheduling", "Messaging", "Help", and "Order". Below this, there is a section titled "Amion Physician Scheduling" with a sub-header "See why over 200,000 providers trust their schedules to Amion...". This section includes three bullet points: "Groups" (Plan time off, create schedules, trade shifts, page staff, and more! For residents, attendings and other medical providers), "Enterprises" (Standardize an entire hospital into a single on-call list with paging, last-minute updates & much more!), and "Top Ten Amion features you might not be aware of" (1 - Use Online Editing to make single assignment changes from anywhere - even your phone!). At the bottom of the website, there is a footer with links for "Download", "Sign In", "Help", "Order", "Contact", and "Amion", along with social media icons for Facebook, Twitter, LinkedIn, and YouTube.

The bottom portion of the image shows three smartphones displaying the Amion mobile app interface. The app has a dark grey background with white text. The top status bar shows the time as 9:41 AM and the battery level as 100%. The main header of the app is "Messages" with a sub-header "Updated Just Now". Below this, there is a section titled "Schedules" with a sub-header "October". The "Schedules" section displays a calendar view for the month of October, with the days of the week (S, M, T, W, T, F, S) and the dates (1, 2, 3, 4) visible. The "Messages" section displays a list of messages, with the first message from "Jacob Frank, MD" and the text "Did you get the x-ray?" visible. The "Messages" section also includes a "Date" column and a "Status" column.

[illegible]

www.amion.com/cgi-bin/ocs

June
18
Go!

Who's on  Wed, June 18, 2014 (as of 3:45pm)

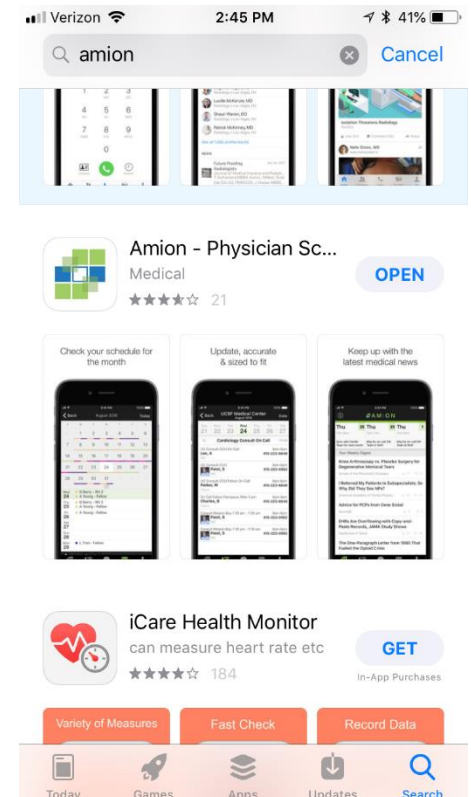
| Service                               |         | Name                   | Training | Contact                                     | Notes |
|---------------------------------------|---------|------------------------|----------|---|-------|
| R1 Jeopardy Call                      | 7a-7a   | Stefater, J            | IM-R1    | <a href="tel:513-577-0795">513-577-0795</a> |       |
| R1 Jeopardy Call                      | 7a-7a   | Jolivet, K             | IM-R1    | <a href="tel:513-577-0823">513-577-0823</a> |       |
| Senior Primary Jeopardy Call          | 7a-7a   | Lally, E               | IM-R3    | <a href="tel:513-230-1824">513-230-1824</a> |       |
| Senior Primary Jeopardy Call          | 7a-7a   | Jameria, Z             | IM-R2    | <a href="tel:513-230-4935">513-230-4935</a> |       |
| Senior Secondary Jeopardy Pool        | 7a-7a   | Foot, R                | IM-R2    | <a href="tel:513-230-4869">513-230-4869</a> |       |
| Senior Secondary Jeopardy Pool        | 7a-7a   | Haque, S               | IM-R2    | <a href="tel:513-230-4914">513-230-4914</a> |       |
| GIM Consult Faculty AM (#0970)        | 7a-1p   | Anjak, A               | HOSP-Fac | <a href="tel:859-992-1448">859-992-1448</a> |       |
| GIM Consult Faculty PM (#0970)        | 12p-10p | Dell, K                | HOSP-Fac | <a href="tel:513-249-0572">513-249-0572</a> |       |
| GIM Consult Faculty Overnight (#0970) | 10p-7a  | Ahmad, N               | HOSP-Fac | <a href="tel:513-343-0003">513-343-0003</a> |       |
| GIMC Resident 7a-8p (0902)            | 7a-8p   | Bensman, R             | IM-R3    | <a href="tel:513-230-1798">513-230-1798</a> |       |
| GIMC Resident 8p-9a (0902)            | 8p-9a   | Kang, R                | IM-R3    | <a href="tel:513-230-1389">513-230-1389</a> |       |
| Chief Resident On-Call                | 7a-7a   | Hellmann, MI           | CMR      | <a href="tel:513-395-4999">513-395-4999</a> |       |
| Team Call Cycle                       | 7a-8p   | Call Day 1 - Red-Green | Team     |   |       |
| Red Team UH Faculty                   | 7a-7a   | Pai, S                 | HOSP-Fac | <a href="tel:513-230-3924">513-230-3924</a> |       |
| Red Team UH Senior (#0465)            | 7a-4p   | Lynch, M               | IM-R3    | <a href="tel:513-230-1582">513-230-1582</a> |       |
| Red Team UH Intern (#1010)            | 7a-4p   | Baldwin, O             | IM-R1    | <a href="tel:513-577-0842">513-577-0842</a> |       |
| Red Team UH Senior (4p-7a)            | 4p-7a   | Team Pager #0465       | Team     |   |       |
| Red Team UH Senior (4p-8p)            | 4p-8p   | Lynch, M               | IM-R3    | <a href="tel:513-230-1582">513-230-1582</a> |       |
| Red Team UH Junior (4p-7a)            | 4p-7a   | Team Pager #1010       | Team     |   |       |
| Red Team UH Junior (4p-8p)            | 4p-8p   | Baldwin, O             | IM-R1    | <a href="tel:513-577-0842">513-577-0842</a> |       |
| Blue Team UH Faculty                  | 7a-7a   | Patel, V               | GIM-Fac  | <a href="tel:513-230-3928">513-230-3928</a> |       |
| Blue Team UH Senior (#0466)           | 7a-4p   | Young, L               | IM-R3    | <a href="tel:513-230-1890">513-230-1890</a> |       |
| Blue Team UH Intern (#1013)           | 7a-4p   | Scott, J               | IM-R1    | <a href="tel:513-577-0751">513-577-0751</a> |       |
| Blue Team UH Senior (4p-7a)           | 4p-7a   | Team Pager #0466       | Team     |   |       |
| Blue Team UH Junior (4p-7a)           | 4p-7a   | Team Pager #1011       | Team     |   |       |
| Orange Team UH Faculty                | 7a-7a   | Huang, K               | GIM-Fac  | <a href="tel:513-230-3929">513-230-3929</a> |       |
| Orange Team UH Senior (#0468)         | 7a-4p   | Lee, J                 | IM-R3    | <a href="tel:513-230-1514">513-230-1514</a> |       |
| Orange Team UH Intern (#1013)         | 7a-4p   | Obeidat, A             | IM-R1    | <a href="tel:513-577-0873">513-577-0873</a> |       |
| Orange Team UH Senior (4p-7a)         | 4p-7a   | Team Pager #0468       | Team     |   |       |
| Orange Team UH Junior (4p-7a)         | 4p-7a   | Team Pager #1013       | Team     |   |       |
| Green Team UH Faculty                 | 7a-7a   | Forrester, J           | ID-Fac   | <a href="tel:513-230-2016">513-230-2016</a> |       |

# AMION

- 3 important University of Cincinnati logins:
  - 1. '**cincim**' gets you the inpatient medicine resident schedules (block and daily) and tells you what call day you are in the cycle (call day 1,2,3,4)
  - 2. '**uc**' gets you the inpatient service and consultation for the medical and surgical subspecialties (i.e can directly look up nephrology fellow on consultation call rather than rely on paging operator)
  - 3. '**ucneurology**' gets you the inpatient ward (UH and VA), consult, and NSICU coverage for our neurology department

# Amion App

- Go to app store and download Amion app
- You will need to register for Doximity account to log in
- Need to search for Cincim schedule
- Once logged in:
  - Can access Amion schedule from your phone
  - Can receive pages via app
  - Can send pages to others from your phone



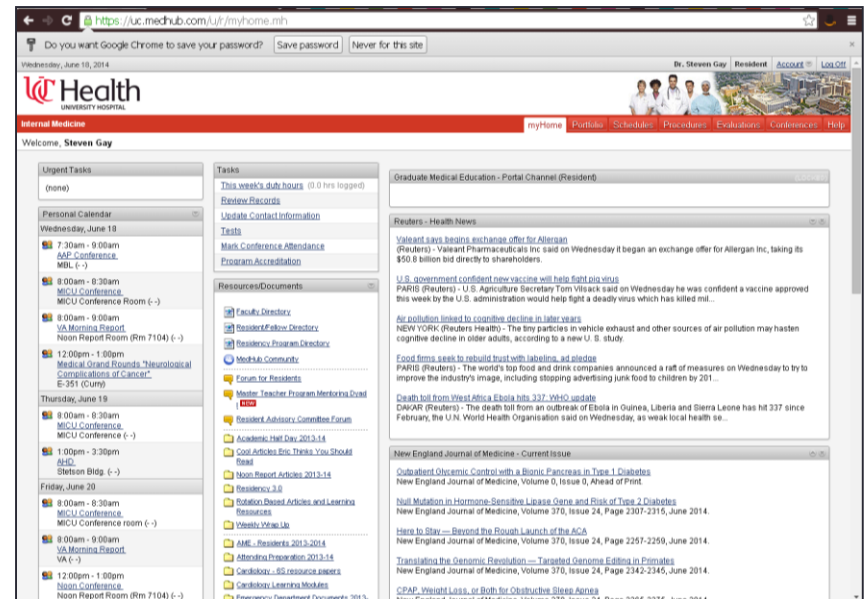
# Sync Amion Calendar with Smart Phone

- After pulling up your calendar on Amion on PC
  - Click on link shown below (red arrow) to sync your calendar as desired.
- iPhone
  - Copy the link
  - Exit safari
  - General settings
  - Calendars
  - Accounts
  - Add Account
  - Other
  - Add subscribed calendar → paste link

The screenshot shows the Amion web interface for a user named 'Gay, S'. The top section displays a weekly schedule grid with dates from 6/28/2013 to 5/26/2014. Below this is a detailed daily schedule table with columns for dates and times, listing various shifts and activities such as 'CVICU Night Shift Resident 7:30p-9:30a', 'CVICU Day Shift Resident 6a-2p', and 'CHIEF'. At the bottom of the page, there is a section for syncing the calendar to mobile devices. A red arrow points to the 'Sync' button, which is labeled 'Sync to Google calendar, Apple iCal, iPhone, Outlook, ...'. Below the sync button, there is a link to 'Download month as iCal / ics events'.

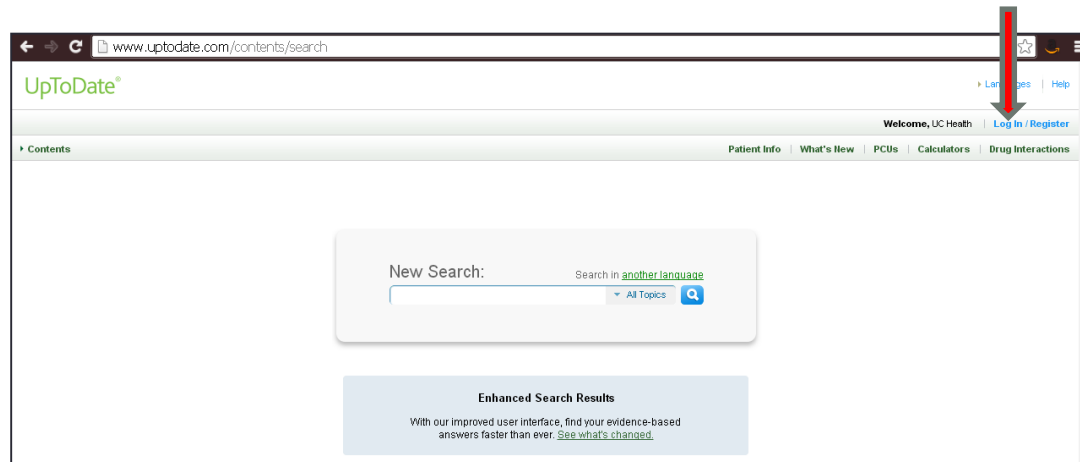
# Medhub

- <https://uc.medhub.com/>
- Place to go for:
  - Complete evaluations
  - Log duty hours
  - Log procedures
  - Rotation specific learning objectives
- Medhub app available for logging duty hours
- Becomes a new habit in your schedule – expected to go to this weekly!



# UpToDate on your Smart Phone

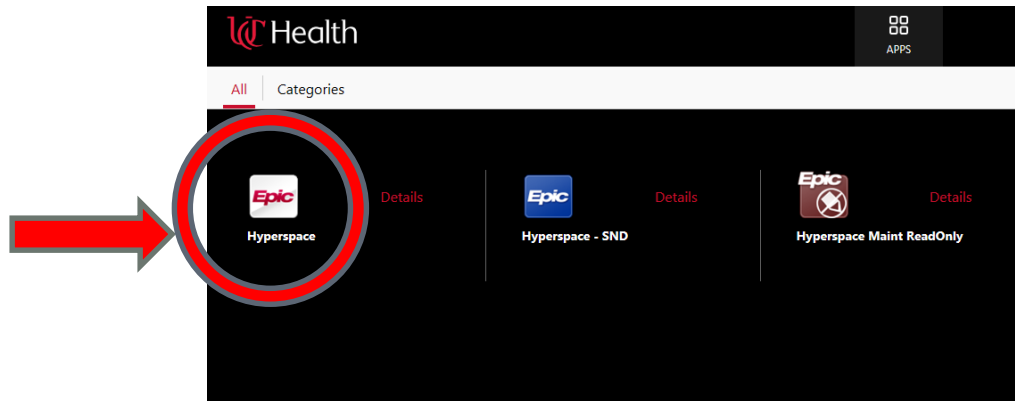
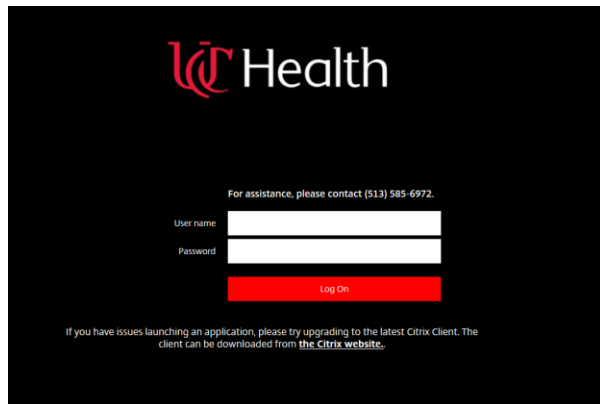
- From a UC computer, go to [www.uptodate.com](http://www.uptodate.com)
- Click on Log In/Register in top corner (red arrow)
- Create profile
- Then download UpToDate app on smartphone and log in with new profile
  - FYI must login on UC wireless every 30d to prevent expiration of account







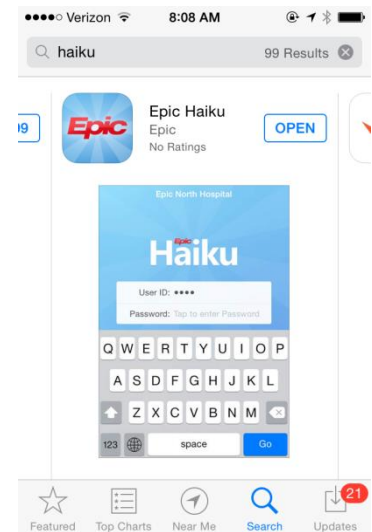


- Epic can be accessed from any computer, here at UH or at home.
- At UH, simply click on the Epic icon and log-in
- From home, or at the VA, you can connect to Epic using
  - <https://connect.uchealth.com>
  - Must first download Citrix Receiver (google it) software



# Epic on iPhones → Haiku

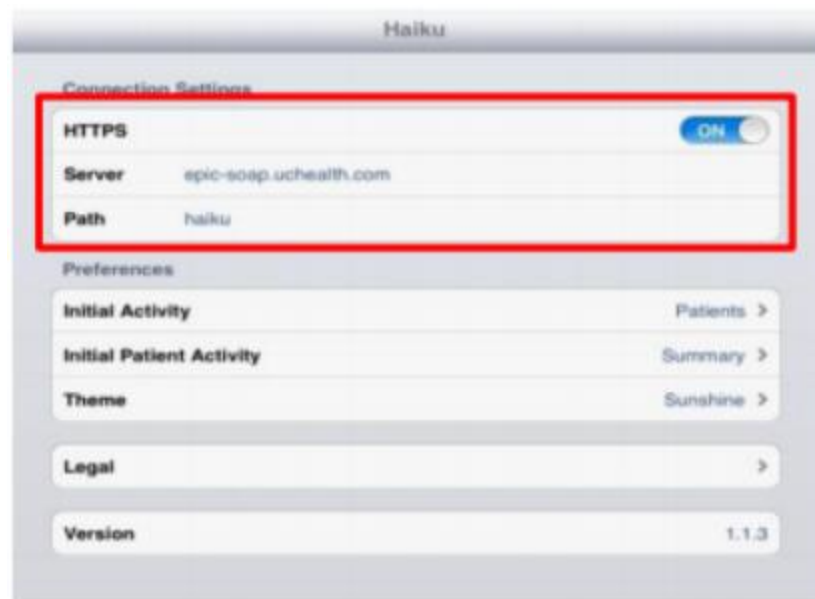
1. Go to Apple Store and download Haiku
2. Exit Haiku. Click settings  and select 
3. Complete the following
  - Server: epic-soap.uchealth.com
  - Path: Haiku



4. Now you should be able to open Haiku and login with your UC EPIC username and password.

# Epic on iPads → Canto


1. Go to Apple Store and download Canto
2. Exit Canto. Click settings and select Epic
3. Complete the following
  - Server: epic-soap.uchealth.com
  - Path: Canto

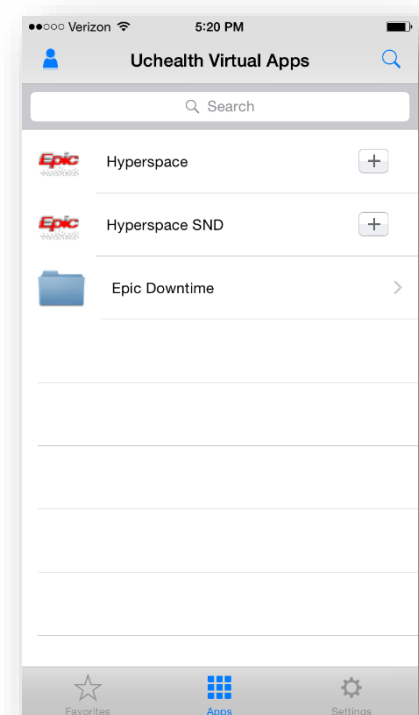
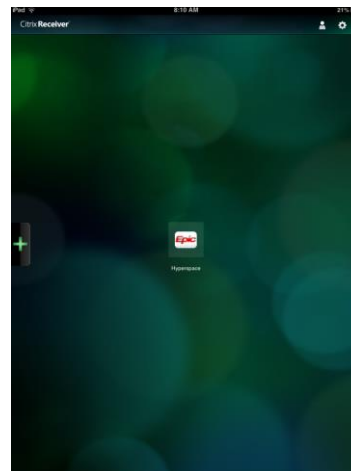


# Haiku & Canto

- Both are great for:
  - seeing lab data and new results while rounding
  - CLINICAL IMAGES → easily take a photo of a rash, lesion, wound and upload it into patient's chart and your note
- Haiku is limited in its inability to:
  - place orders
  - write notes
  - view all notes
  - break down team lists

# Epic on iPads, tablets

1. Go to apple store and download Citrix Receiver 
2. Input your settings into the following fields within Citrix:
  - Address: <https://connect.uchealth.com>
  - Username: Enter your Epic user name
  - Password: Enter your Epic password
  - Domain: healthall.com
3. Add the Epic app
  - Click on the green arrow
  - Click on the Epic icon



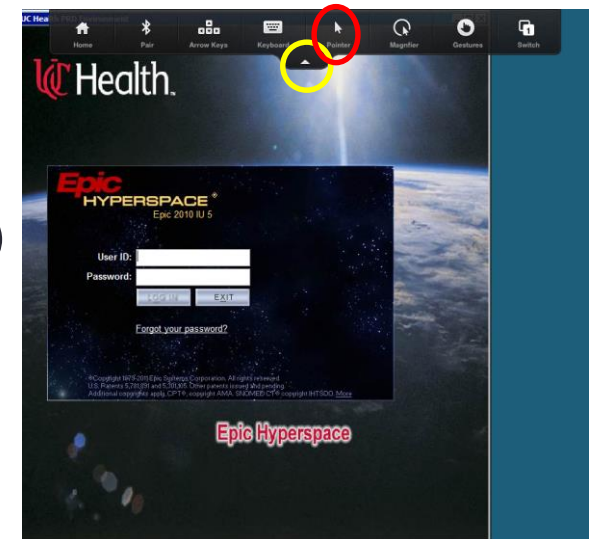
# Epic on iPads, tablets

## 4. Open Epic and log-in

- Use your same Epic username and password
- As you can see, each time you use this app, you will log in twice, once into Citrix and then again into Epic
- Once the app is open, it is easier to put your device to sleep rather than closing the app, to allow quicker access back to Epic

## 5. Using Citrix Receiver

- Drop down menu from arrow (yellow circle)
- Menu provides tools including keyboard
- Pointer tool allows best navigation (red arrow)



# Box

- Dropbox equivalent, provided via UC email
  - Allows sharing of documents
  - Box sync allows document to be accessed, edited, and saved all to Box storage
  - Allows online live editing of Word, Excel, Powerpoint
- Unlimited storage if accessed through UC
- Good for sharing and editing shared docs
- Mobile app available



# Apps! Apps! Apps!

## Other Recommendations:

- **Box** – Dropbox equivalent, provided via UC email
- **Doximity Dialer** – allows to call from cell with caller ID from UC Hospital or clinic number
- **Epocrates**- Medications, Free
- **Medscape** – Quick go to medical reference, Free
- **DynaMed Plus** – subscription through UC
- **Qx calculate** – Medical Calculator



# How to sync UCMail on my Smart Phone

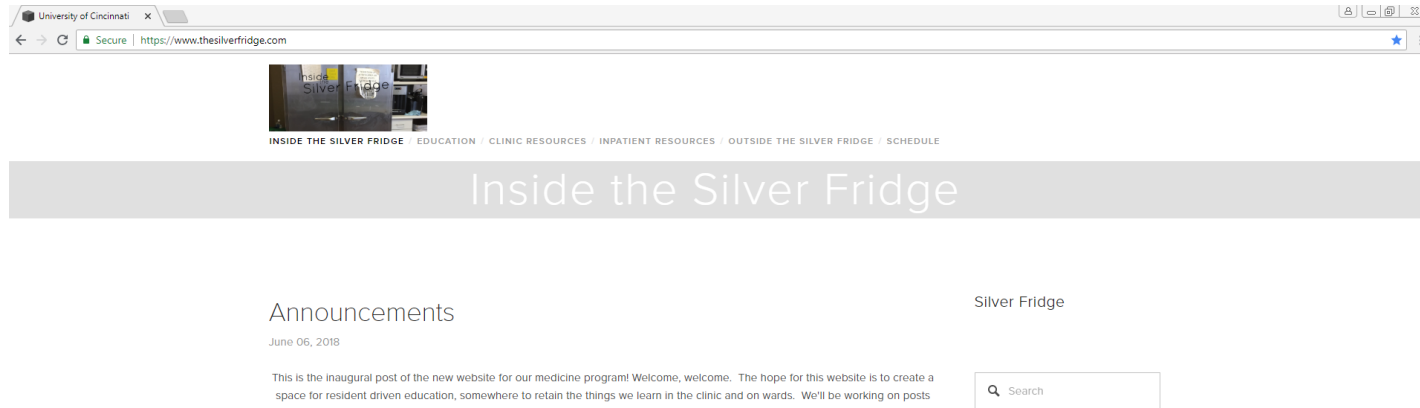
- UC policy does not allow your UCMail to be forwarded to another email account
- Settings → Mail → Accounts → Add Account → EXCHANGE acct:
  - Enter email
  - If asked, choose to configure your account manually
  - Server: ucmail.uc.edu
  - Enter your UN and PW
  - Domain: AD
- If you have further questions or for a picture guide of the above process, go to:
  - For iPhones: <https://kb.uc.edu/KBArticles/UCMail-iPhoneiPad.aspx>
  - For Android: <https://kb.uc.edu/KBArticles/UCMail-Android.aspx>

# INSIDE THE SILVER FRIDGE

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Our new residency website

# Inside the Silver Fridge



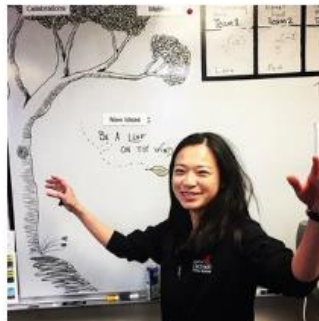
- Website for internal medicine residents and prelims
- [www.thesilverfridge.com](https://www.thesilverfridge.com)
- Includes:
  - Educational material
    - Noon report review, medical trivia, weekly chief corner
    - Resident written/submitted materials
    - Rotational specific materials: logistics, high-yield articles
  - FAQs, common forms / checklists / handouts
  - Orientation documents!
  - Program Google calendar
  - Outside the silver fridge
    - Social media, shout outs

# Instagram



Instagram

- Follow us @ **inside\_the\_silver\_fridge**
- Tag us or send the chiefs your photos for posting
- Please let us know if you have any issues with pictures of you being posted



# Dept. of Internal Medicine Social Media Policy

- Social media are powerful communication tools that have a significant impact on organizational and professional reputations.
- The purpose of this policy is to provide guidance to faculty, staff, residents and students as to appropriate use of social media outlets.
- We recognize you may wish to use social media in your personal life.
- This policy does not intend to discourage nor unduly limit your personal expression, rather empower you by providing some guidelines and practical tips
- **Think twice before posting**
- **Remember your audience**
- **Don't post any patient related comments**
- **Be professional on ALL social media sites**